

CATEGORY B: CARDIOVASCULAR

COMMERCIAL

Profile Level	General Heart Disease	Rhythm	After myocardial infarct or surgery	Hypertension	Med Report Req	Interval for Review	License Class & Restrictions
1	No history. Past heart disease, fully recovered	No history or transient arrhythmia in childhood	No history	No hypertension or past hypertension now normal without medication	N/A	N/A	Commercial Unlimited
2	Heart disease AHA Class I, no limits, no symptoms on ordinary activity	Transient isolated arrhythmia without recurrence in past 5 years	Unusually mild condition b	Hypertension controlled on medication c	N/A	N/A	Commercial Unlimited
3	AHA Class I: no undue symptoms on ordinary activity	Past arrhythmia, normal rhythm; stable with pacemaker for 6 months	1 year minimum; symptoms only with strenuous activity a	N/A	N/A	N/A	Commercial Unlimited
4	AHA Class II; slight limit on activity; comfortable on mild exertion	Arrhythmias controlled or stable for 3 months	3 months minimum; no symptoms at rest a	Hypertension partially controlled by medication. Diastolic less than 120 mm.Hg c	N/A	N/A	Commercial Unlimited
5	Class III, limited activity with symptoms on activity; anticipated aggravation by unlimited driving	Unstable rhythm profile; supraventricular tachycardia which is hemodynamically unstable; recurring ventricular arrhythmias proven by Holter monitor; driving limitations & health care professional-s recommendation should be based upon anticipated degree of instability of rhythm c	Recovery time frame & restrictions to be determined by health care professional & appropriate profile level determined; see narrative paragraph 4	Hypertension with diastolic persistently above 120mm.Hg and/or systolic over 200mm.Hg; functional profile to be based upon anticipated effects on driving with appropriate limitations on speed, area, time of day, etc. c	N/A	N/A	No license
6	Class III limited activity with fluctuation in symptoms on exertion				N/A	N/A	No license
7	Special circumstances not covered above or patient under evaluation				N/A	a	Possible license, depending on health care professional recommendation
8	Heart disease. AHA Class IV limitations with any activity Symptoms at rest	Arrhythmias with history of loss of consciousness in past	Recovery not sufficient to drive	Diastolic over 120mm.Hg. w/limiting complication/side effect of medications	N/A	N/A	No driving

- a. Or as recommended by health care professional, longer or shorter according to stability
- b. See narrative for consideration of unusually mild or stable cases
- c. If medication does not interfere with alertness or coordination